

HOLISTIC EDUCATION:

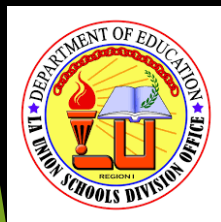
Japanese Hands-On Approach

JICA Knowledge Co-Creation

Program 2025:

Final Presentation

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Oct. 11, 2025 @ Bunkyo University, Tokyo, Japan

INTRODUCTION

What I Learned from Japanese Education?

Japanese Holistic Education Hands-on Approach

How Cognitive and Non-Cognitive Skills can be integrated through Tokkatsu Activities

Classroom setup emphasizes hands-on, student-centered learning (inquiry-based approach)

Teacher acts as facilitator and mentor

Fosters inclusion through a safe and supportive learning environment

Overall Goal:

- By the end of 2026, **two hundred fifty (250) teachers** at **ROSARIO INTEGRATED SCHOOL** will have integrated the **HOLISTIC EDUCATION: HANDS-ON JAPANESE APPROACH** into their classrooms, positively impacting the learning experience of all **4,500 learners** by enhancing both cognitive and non-cognitive skills for holistic development.

EDUCATIONAL CHALLENGE IN THE PHILIPPINES	PLANNED INTERVENTION / ACTION STEPS	TIMELINE	RESOURCES / BUDGETARY REQUIREMENTS (WITH SOURCE OF FUND)
1. Teachers' limited knowledge of the Holistic Education: Hands-On Japanese Approach , particularly in implementing Tokkatsu activities, coupled with insufficient training and guidance , restricts their ability to effectively implement hands-on, student-centered classroom	✓ Orientation on Holistic Education: ❑ Conduct a session to introduce teachers to the core concepts, philosophy, and objectives of the Holistic Education: Hands-On Japanese Approach, emphasizing holistic child development and its application across education. ✓ Teacher Training on Learner-Centered Strategies: ❑ Organize a 1-day workshop for all K–12 and SHS teachers to develop skills in hands-on, inquiry-based teaching and collaborative classroom management.	3rd Week of October 2025	Training modules, venue, projector, snacks (Source: DepEd MOOE, Local School Board, PTA)

EDUCATIONAL CHALLENGE IN THE PHILIPPINES	PLANNED INTERVENTION / ACTION STEPS	TIMELINE	RESOURCES / BUDGETARY REQUIREMENTS (WITH SOURCE OF FUND)
2. Students currently have limited opportunities to develop non-cognitive skills in daily learning, which restricts their growth in social-emotional, moral, and life skills alongside academic development	✓ Facilitate Student Responsibility, Club, and Collaborative Projects ❑ Train teachers to guide students in classroom duties, facilitate clubs/committees, and engage in group projects or service-learning. ❑ Teachers scaffold, mentor, and guide reflections to foster responsibility, leadership, teamwork, empathy, moral reasoning, and social-emotional skills while keeping learning student-centered.	1ST Week of November 2025	Cleaning tools, rotation charts, club/activity materials, training guides, reflection journal

EDUCATIONAL CHALLENGE IN THE PHILIPPINES	PLANNED INTERVENTION / ACTION STEPS	TIMELINE	RESOURCES / BUDGETARY REQUIREMENTS (WITH SOURCE OF FUND)
3. Teachers are not fully aware of how to integrate holistic, hands-on activities, which makes it difficult to develop both cognitive and non-cognitive skills across subjects	✓ Conduct 3 model lessons per grade level showcasing Holistic Education: Hands-on Japanese Approach strategies that integrate cognitive, and non cognitive skills in the lesson plan and demonstration teaching ✓ Teachers will observe practical application and student engagement.	2nd Week of November 2025	Lesson exemplars, teaching aids (DepEd MOOE, Donors/Stakeholders)

TIMELINE OF IMPLEMENTATION



October 2025-
March 2026

June 2026- onwards

Conclusion:

- This action plan is **CRUCIAL** because it **promotes holistic** student development by addressing both **COGNITIVE AND NON-COGNITIVE SKILLS**, encourages active and meaningful learning, and helps students grow **academically, socially, emotionally, and morally.**

Gratitude:

- ☐ I am truly grateful for this invaluable opportunity to learn from such an inspiring educational system.
- ☐ This experience has deepened my understanding of holistic education and will guide me as I implement these practices in the Philippines to nurture the growth and potential of every child **HOLISTICALLY.**



MELANIE F. PADILLA

*Thank you
so much!*